

Shownotes episode 015 You do you

THE BEE HIGH ON LIFE PODCAST - With Queen Bee Kelly Renee' Baker

Episode 015- YOU do YOU

Summary: I am sure you have heard the popular phrase, "you do you." It is one of those phrases, I am just not exactly sure what it means. I know what it means to mean, I just don't think there is a universal message on this one. Listen to my take on what this phrase means and how I apply it to life.

Time stamp:

:05 - The phrase, "you do you"

3:30 - Worldview vs. God view

4:00 - Fear is a thief

5:09 - Your true and authentic self

6:00 - Discover your own value and worth

7:45 - You can't live up to the expectations of others

10:11 - Eyes off the world and on God

10:30 - Be in the world, but not of the world.

Resources:

kellyreenebaker.com

<https://www.facebook.com/groups/KellysChampionsVIP>

Episode transcript:

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